



## 有關預防新型流感病毒(COVID-19)爆發措施

預防是良藥。為了避免新型流感樣病菌的傳播及幫助大家保持健康，請各位弟兄姊妹留意，遵守以下良好的公共衛生習慣及預防措施：

- 經常洗手及善用裝置於各處之消毒梘液。
- 如果你有任何疾病之病徵(感冒、發燒、咳嗽、呼吸困難等)，請留在家中休息，請勿參加教會聚會。若這些症狀變得更嚴重，請立即與您的家庭醫生聯絡。
- 如果您有咳嗽和打噴嚏，請戴上口罩。
- 當我們彼此招呼時，請微笑點頭揮手便可。請不用握手。
- 凡剛從受 COVID-19 影響的國家或地區返回的肢體，請留在家中 14 天後才返回教會聚會，以保障整體會眾的平安。

多謝合作。

### Guidance for the COVID-19 Epidemic

Prevention is good medicine. In order to protect each other from the spread of a new form of a flu-like virus, help one another stay healthy by observing good public health practices:

- Wash your hands frequently or use hand sanitizers available in public places.
- If you have any signs of illness (like fever, cough and cold, or difficulty breathing), please stay home and not attend church meetings. If these symptoms become more serious, call your family doctor immediately.
- If you have a cough and sneeze, please wear a face mask.
- When you greet others, just smile and wave your hands. Do not shake hands.
- If you have just returned from countries or regions affected by COVID-19, please stay home for 14 days before attending worship services or gatherings.

Your cooperation is much appreciated.

February 25, 2020